

| Cl | Temps | Nom - Prénom | Doss. | Cl | Cat | Cl | Sx | Moy. | Club |
|----|----------|-------------------------|-------|----|-----|----|----|-------|------------------------|
| 1 | 00:46:41 | FALENTA Alois | n°029 | 1 | M0M | 1 | M | 14.14 | Stade Rodez Athlétisme |
| 2 | 00:49:12 | COUFFIGNAL Simon | n°037 | 1 | CAM | 2 | M | 13.42 | . |
| 3 | 00:49:19 | DEBELLEIX Julien | n°011 | 2 | M0M | 3 | M | 13.38 | . |
| 4 | 00:49:36 | PASCAL Adrien | n°049 | 3 | M0M | 4 | M | 13.31 | Monastrail |
| 5 | 00:50:09 | OUSTRY Sebastien | n°052 | 1 | SEM | 5 | M | 13.16 | . |
| 6 | 00:51:02 | BOUSQUET Thibault | n°016 | 2 | SEM | 6 | M | 12.93 | Requistail |
| 7 | 00:51:24 | CHAYRIGUES Lucas | n°069 | 3 | SEM | 7 | M | 12.84 | . |
| 8 | 00:53:42 | MALMONTET Nicolas | n°038 | 4 | M0M | 8 | M | 12.29 | LA DRUELLOISE |
| 9 | 00:54:03 | NAUZENS Matheo | n°010 | 4 | SEM | 9 | M | 12.21 | . |
| 10 | 00:54:29 | SERVIERES Paul | n°009 | 5 | SEM | 10 | M | 12.11 | Bozsport Nature |
| 11 | 00:56:32 | CASIMIR Emilien | n°060 | 6 | SEM | 11 | M | 11.68 | . |
| 12 | 00:57:02 | SELIEYE Cédric | n°028 | 5 | M0M | 12 | M | 11.57 | Gou'Trail |
| 13 | 00:57:44 | TEYSSEDRE Pauline | n°030 | 1 | M2F | 1 | F | 11.43 | Stade Rodez Athletisme |
| 14 | 00:57:55 | POUGET Yohan | n°071 | 6 | M0M | 13 | M | 11.40 | . |
| 15 | 00:58:03 | CAYRAC Alexandre | n°013 | 1 | M1M | 14 | M | 11.37 | . |
| 16 | 00:58:14 | LADRECH Leo | n°044 | 1 | JUM | 15 | M | 11.33 | . |
| 17 | 00:58:23 | MARCHAND Christophe | n°048 | 1 | M4M | 16 | M | 11.31 | Velod'olt |
| 18 | 00:58:36 | CHARBONNIER Jean Claude | n°012 | 1 | M5M | 17 | M | 11.26 | Team thénère |
| 19 | 00:58:46 | NICOLET Samuel | n°020 | 1 | ESM | 18 | M | 11.23 | Escouade Arverne |
| 20 | 00:59:16 | BRINGER Corentin | n°096 | 7 | SEM | 19 | M | 11.14 | Trail des Ruthenes |
| 21 | 00:59:35 | VIEILLESZAZES Bastien | n°092 | 8 | SEM | 20 | M | 11.08 | . |
| 22 | 01:00:30 | MIQUEL Mathis | n°082 | 2 | CAM | 21 | M | 10.91 | . |
| 23 | 01:00:31 | MIQUEL Louan | n°080 | 2 | JUM | 22 | M | 10.91 | . |
| 24 | 01:00:32 | MIQUEL Vincent | n°081 | 1 | M3M | 23 | M | 10.90 | . |
| 25 | 01:01:13 | LEJUEZ Titouan | n°031 | 3 | CAM | 24 | M | 10.78 | . |
| 26 | 01:01:50 | SOULIÉ Anthony | n°058 | 9 | SEM | 25 | M | 10.67 | ACVR |
| 27 | 01:03:57 | DERRUAU Ghislain | n°014 | 2 | M1M | 26 | M | 10.32 | TEAM FADA 4C |
| 28 | 01:04:10 | RAMES Timéo | n°083 | 4 | CAM | 27 | M | 10.29 | . |
| 29 | 01:04:56 | PUECHAGUT Estelle | n°072 | 1 | SEF | 2 | F | 10.17 | . |
| 30 | 01:05:14 | DELAGNES Emilien | n°093 | 10 | SEM | 28 | M | 10.12 | . |
| 31 | 01:05:35 | DUMAS Simon | n°084 | 5 | CAM | 29 | M | 10.07 | . |
| 32 | 01:05:58 | FAGES Boris | n°059 | 2 | M3M | 30 | M | 10.01 | Team Pif Capdenac |
| 33 | 01:06:16 | MOULY Yves | n°090 | 1 | M6M | 31 | M | 9.96 | Touroulis |
| 34 | 01:06:41 | THUBIERES Matheo | n°001 | 2 | ESM | 32 | M | 9.90 | . |
| 35 | 01:06:55 | MERCADIER Raphaël | n°019 | 3 | ESM | 33 | M | 9.86 | . |
| 36 | 01:06:55 | STURM Pierre Louis | n°018 | 4 | ESM | 34 | M | 9.86 | . |
| 37 | 01:07:02 | GAUTHIER Clément | n°024 | 11 | SEM | 35 | M | 9.85 | . |
| 38 | 01:07:37 | MACKENZIE Dean | n°068 | 2 | M4M | 36 | M | 9.76 | . |
| 39 | 01:08:11 | CASTANIE Vincent | n°079 | 1 | M2M | 37 | M | 9.68 | . |
| 40 | 01:08:49 | BOQUILLON Antony | n°047 | 3 | M1M | 38 | M | 9.59 | . |
| 41 | 01:08:54 | PRUNET Clémence | n°008 | 1 | M1F | 3 | F | 9.58 | . |
| 42 | 01:08:56 | COUFFIGNAL Lea | n°036 | 2 | SEF | 4 | F | 9.58 | . |
| 43 | 01:09:50 | FERAL Lionel | n°076 | 3 | M4M | 39 | M | 9.45 | . |
| 44 | 01:09:58 | MOULY Jérémie | n°006 | 4 | M1M | 40 | M | 9.43 | . |
| 45 | 01:10:09 | DOUAT Yann | n°023 | 12 | SEM | 41 | M | 9.41 | . |
| 46 | 01:10:36 | PANIJEL Benjamin | n°026 | 5 | M1M | 42 | M | 9.35 | Aveyrun |
| 47 | 01:10:37 | CHARBONNIER Christian | n°046 | 1 | M7M | 43 | M | 9.35 | Team Thenieres |
| 48 | 01:10:43 | ROUQUETTE Luc | n°045 | 3 | JUM | 44 | M | 9.33 | . |
| 49 | 01:10:48 | CHÉNIER Paul | n°034 | 13 | SEM | 45 | M | 9.32 | . |
| 50 | 01:11:41 | BELARD Laurent | n°021 | 3 | M3M | 46 | M | 9.21 | . |
| 51 | 01:12:28 | COULY Fany | n°089 | 3 | SEF | 5 | F | 9.11 | . |
| 52 | 01:14:28 | COUFFIGNAL Chloé | n°035 | 4 | SEF | 6 | F | 8.86 | . |
| 53 | 01:14:35 | CHARRIE Nicolas | n°070 | 6 | M1M | 47 | M | 8.85 | Trail des Ruthenes |
| 54 | 01:15:47 | MÉRAVILLES Lucie | n°027 | 1 | M0F | 7 | F | 8.71 | Avey'run |
| 55 | 01:16:13 | JEANJEAN Marion | n°053 | 5 | SEF | 8 | F | 8.66 | . |
| 56 | 01:16:18 | LAURES Jean Luc | n°095 | 2 | M5M | 48 | M | 8.65 | . |
| 57 | 01:16:54 | PROST Maïa | n°087 | 1 | ESF | 9 | F | 8.58 | . |
| 58 | 01:17:13 | COULY Gilles | n°088 | 4 | M4M | 49 | M | 8.55 | . |

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|----|----------|------------------------|-------|--------|-------|------|------------------------|
| 59 | 01:17:15 | SALA Ludovic | n°025 | 7 M1M | 50 M | 8.54 | . |
| 60 | 01:18:39 | BEDOS Elodie | n°043 | 2 M0F | 10 F | 8.39 | . |
| 61 | 01:18:42 | JANUS Benjamin | n°042 | 7 M0M | 51 M | 8.39 | . |
| 62 | 01:19:16 | AURIOL Maxime | n°032 | 8 M1M | 52 M | 8.33 | La Grappe Sportive |
| 63 | 01:19:19 | RIVIERE Sarah | n°017 | 1 M3F | 11 F | 8.32 | Stade Rodez Athletisme |
| 64 | 01:19:31 | MODERAN Véronique | n°086 | 2 M3F | 12 F | 8.30 | . |
| 65 | 01:19:44 | TREILLES Ely | n°002 | 5 ESM | 53 M | 8.28 | . |
| 66 | 01:19:48 | BESSELES Geraud | n°004 | 14 SEM | 54 M | 8.27 | . |
| 67 | 01:19:56 | DALIBARD Coralie | n°015 | 3 M0F | 13 F | 8.26 | . |
| 68 | 01:20:09 | REGOURD Sandy | n°073 | 4 M0F | 14 F | 8.24 | . |
| 69 | 01:20:19 | BRUEL Florence | n°085 | 1 M4F | 15 F | 8.22 | . |
| 70 | 01:20:56 | ROMIGUIERE Véronique | n°094 | 2 M4F | 16 F | 8.16 | . |
| 71 | 01:22:10 | INVERNON Clément | n°057 | 15 SEM | 55 M | 8.03 | . |
| 72 | 01:22:24 | MAQUIN Nicolas | n°007 | 9 M1M | 56 M | 8.01 | . |
| 73 | 01:23:18 | TEULIER Marine | n°040 | 6 SEF | 17 F | 7.92 | . |
| 74 | 01:23:18 | BOIS Aurore | n°039 | 5 M0F | 18 F | 7.92 | . |
| 75 | 01:23:56 | DENDALETCHÉ Louise | n°091 | 7 SEF | 19 F | 7.86 | . |
| 76 | 01:23:57 | DENDALETCHÉ François | n°041 | 16 SEM | 57 M | 7.86 | . |
| 77 | 01:24:40 | JOFFRE Bérengère | n°022 | 8 SEF | 20 F | 7.80 | . |
| 78 | 01:25:15 | AYRINHAC Jean François | n°074 | 2 M7M | 58 M | 7.74 | action12 |
| 79 | 01:25:33 | BOGERMAN Niels | n°003 | 2 M2M | 59 M | 7.72 | . |
| 80 | 01:25:39 | BOUSQUET Katelle | n°062 | 3 M3F | 21 F | 7.71 | Touroulis |
| 81 | 01:30:27 | GERVAS Stéphane | n°066 | 8 M0M | 60 M | 7.30 | . |
| 82 | 01:30:54 | VERHECKEN Pascal | n°061 | 5 M4M | 61 M | 7.26 | . |
| 83 | 01:31:39 | MATHON Noémie | n°067 | 1 JUF | 22 F | 7.20 | . |
| 84 | 01:33:08 | GRAVIER Marie-Line | n°063 | 1 M6F | 23 F | 7.09 | . |
| 85 | 01:36:21 | SELGNE Samuel | n°077 | 17 SEM | 62 M | 6.85 | . |
| 86 | 01:36:23 | COT Juliette | n°078 | 9 SEF | 24 F | 6.85 | . |
| 87 | 01:36:43 | DUMARCAY Alexis | n°054 | 18 SEM | 63 M | 6.83 | . |
| 88 | 01:38:46 | AYRINHAC Andrée | n°075 | 1 M7F | 25 F | 6.68 | action12 |
| 89 | 01:39:11 | NOZERAND Denise | n°050 | 2 M7F | 26 F | 6.65 | action12 |
| 90 | 01:40:50 | CERES Anne | n°055 | 2 M2F | 27 F | 6.55 | . |
| 91 | 01:41:18 | PORTES Sandra | n°005 | 10 SEF | 28 F | 6.52 | . |
| 92 | 01:46:50 | ORLHAC Thibault | n°065 | 6 ESM | 64 M | 6.18 | . |
| 93 | 01:46:51 | VISINI Emilie | n°064 | 2 ESF | 29 F | 6.18 | . |
| 94 | 01:48:40 | BOUISSOU Romane | n°033 | 11 SEF | 30 F | 6.07 | . |
| 95 | 01:48:41 | GRIFFOULIERE Quentin | n°097 | 19 SEM | 65 M | 6.07 | . |